



**URBAN COUNSELING**  
Positive changes for your life

1130 SE 18<sup>TH</sup> PLACE  
OCALA, FL 34471  
PHONE: (352) 390-6656  
FAX: (352) 390-8756

**CONSENT FOR A MINOR CHILD TO BE COUNSELED**

I \_\_\_\_\_, (Mother) and \_\_\_\_\_, (Father)  
hereby give my / our permission for my / our minor child, \_\_\_\_\_,  
to be seen for counseling and / or evaluation by \_\_\_\_\_.

\_\_\_\_\_  
Parent / Guardian Signature

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Parent / Guardian Signature

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date Signed

**URBAN COUNSELING**  
**CLIENT INFORMATION SHEET**  
**(Parent Information if Client is a Minor)**

Name \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_ Work \_\_\_\_\_ Sex M \_\_\_\_\_ F \_\_\_\_\_

Single \_\_\_\_\_ Married \_\_\_\_\_ Separated \_\_\_\_\_ Divorced \_\_\_\_\_ Widowed \_\_\_\_\_

Have you had counseling before? Yes \_\_\_ No \_\_\_ When? \_\_\_\_\_ Therapist \_\_\_\_\_

Number of people in household \_\_\_\_\_

Total Income Before Taxes From All Sources (include all income of all persons in the home)

\_\_\_ Less than \$5,000

\_\_\_ \$5,000 – 9,999

\_\_\_ \$10,000 – 14,999

\_\_\_ \$15,000 – 19,999

\_\_\_ \$20,000 – 24,000

\_\_\_ \$25,000 – 29,000

\_\_\_ More

Source of Income:

\_\_\_ Employment

\_\_\_ Disability

\_\_\_ Social Security

\_\_\_ Spouse

\_\_\_ SSI

\_\_\_ Other

\_\_\_ Pension

Are you handicapped? Yes \_\_\_ No \_\_\_ If so, please explain: \_\_\_\_\_

\_\_\_ Black

\_\_\_ Hispanic

\_\_\_ White

\_\_\_ Other

**Emergency Contact:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Address: \_\_\_\_\_ Phone Number \_\_\_\_\_

Method of payment: Cash \_\_\_ Check \_\_\_ Credit Card \_\_\_ Insurance \_\_\_

Name of Insurance Company \_\_\_\_\_

Policy Number \_\_\_\_\_ Group Number \_\_\_\_\_

Please read, sign and date: I understand that this is not an application. I authorize use of this information or any subsequent information derived from this form with the understanding that data will be used for general reporting purposes only. I consent for therapy.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date of Signing

\_\_\_\_\_  
Therapist Signature

\_\_\_\_\_  
Date of Signing

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**CHILD / ADOLESCENT PSYCHOSOCIAL**

**IDENTIFYING INFORMATION**

Date of assessment: \_\_\_\_\_

Name of Child \_\_\_\_\_

Sex \_\_\_M \_\_\_F

Birth date: \_\_\_\_\_ Place of birth \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_ Zip \_\_\_\_\_

Home Phone: \_\_\_\_\_ Religious organization \_\_\_\_\_

Education (grade) \_\_\_\_\_

Referral source \_\_\_\_\_

I give permission for Therapist to contact (physician/teacher/etc) regarding treatment issues, symptoms, behaviors or other information necessary for the treatment of \_\_\_\_\_

Parent's signature \_\_\_\_\_

**CHIEF COMPLAINT:**

Presenting problems (check all that apply)

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Very Unhappy         | <input type="checkbox"/> Impulsive            | <input type="checkbox"/> Fire Setting       |
| <input type="checkbox"/> Irritate             | <input type="checkbox"/> Stubborn             | <input type="checkbox"/> Stealing           |
| <input type="checkbox"/> Temper Outburst      | <input type="checkbox"/> Disobedient          | <input type="checkbox"/> Lying              |
| <input type="checkbox"/> Withdrawn            | <input type="checkbox"/> Infantile            | <input type="checkbox"/> Sexual Trouble     |
| <input type="checkbox"/> Daydreaming          | <input type="checkbox"/> Mean to others       | <input type="checkbox"/> School performance |
| <input type="checkbox"/> Fearful              | <input type="checkbox"/> Destructive          | <input type="checkbox"/> Truancy            |
| <input type="checkbox"/> Clumsy               | <input type="checkbox"/> Trouble with the law | <input type="checkbox"/> Bed wetting        |
| <input type="checkbox"/> Overactive           | <input type="checkbox"/> Running away         | <input type="checkbox"/> Soiled pants       |
| <input type="checkbox"/> Slow                 | <input type="checkbox"/> Self-mutilating      | <input type="checkbox"/> Eating problems    |
| <input type="checkbox"/> Short attention span | <input type="checkbox"/> Head banging         | <input type="checkbox"/> Sleeping problems  |
| <input type="checkbox"/> Distractible         | <input type="checkbox"/> Rocking              | <input type="checkbox"/> Sickly             |
| <input type="checkbox"/> Lacks initiative     | <input type="checkbox"/> Shy                  | <input type="checkbox"/> Drug use           |
| <input type="checkbox"/> Undependable         | <input type="checkbox"/> Strange behavior     | <input type="checkbox"/> Alcohol use        |
| <input type="checkbox"/> Peer conflict        | <input type="checkbox"/> Strange thoughts     | <input type="checkbox"/> Suicide talk       |
| <input type="checkbox"/> Phobic               |   |   |

Explain:

How long has this problem occurred? Number of weeks, months or years? \_\_\_\_\_

What happened that makes you seek help at this time? \_\_\_\_\_

\_\_\_\_\_

Problems perceived to be:    \_\_\_very serious    \_\_\_Serious    \_\_\_not serious

What are your expectations of your child? \_\_\_\_\_

\_\_\_\_\_

What changes would you like to see in your child? \_\_\_\_\_

\_\_\_\_\_

What changes would you like to see in yourself? \_\_\_\_\_

\_\_\_\_\_

What changes would you like to see in your family? \_\_\_\_\_

\_\_\_\_\_

**PSYCHOSOCIAL HISTORY:**

CURRENT FAMILY SITUATION

Mother ---Relationship with child    \_\_\_ natural parent                    \_\_\_ relative  
    \_\_\_ step -parent                    \_\_\_ adoptive parent

Occupation \_\_\_\_\_

Education \_\_\_\_\_ Religion \_\_\_\_\_

Birthplace \_\_\_\_\_ Birth date \_\_\_\_\_

Age \_\_\_\_\_

Marital History of parents

Natural parents	___ Married	When _____	Age _____
	___ Separated	When _____	
	___ Divorced	When _____	
	___ Deceased	M / F _____	
Step-parents	___ Married	When _____	

If child is adopted:

Adoption Source:

Reason and circumstances:

Age when child first in home:

Date of legal adoption:

What has the child been told?

LIVING ARRANGEMENT

	Place	Date
Number of moves in a child's life _____	_____	_____
	_____	_____
	_____	_____
Present Home ___ Renting ___ Buying ___ House     ___ Apartment		

Does the child share a room with anyone else? \_\_\_ Yes \_\_\_ No

If yes, with whom? \_\_\_\_\_

If no, how long has he/she has own room? \_\_\_\_\_

Was the child ever placed, boarded, or lived away from the family? \_\_\_ Yes \_\_\_ No

Explain \_\_\_\_\_

What is the major family stress at the present time if any? \_\_\_\_\_

What are the sources of income? \_\_\_\_\_

BROTHERS and SISTERS (Indicate if step-brothers or step-sisters )

Name	Age	Sex	School or Occupation	Present Grade	Living at home (Yes/No)	Use drug or alcohol (Yes/No)	Treated for drug abuse (Yes/No)
1. _____	_____	_____	_____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____	_____	_____	_____

Name	Age	Sex	School or Occupation	Present Grade	Living at home (Yes/No)	Use drug or alcohol (Yes/No)	Treated for drug abuse (Yes/No)
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5. \_\_\_\_\_

6. \_\_\_\_\_

List all other extended family members by their relationship to the patient who have drug and/or alcohol problems (legal/illegal), history of depression, self-destructive behavior or legal problems.

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

Other living in the home (and their relationship)

1 \_\_\_\_\_

2 \_\_\_\_\_

HEALTH OF FAMILY MEMBERS: (excluding patient)

Name	Relation-ship to child	Type of Illness	When occurred	Length of Illness
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1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

Does or did any member of the child's family have any problems with:

reading       spelling       math       speech  
 (If yes, please explain)

Is there any history in the child's family of:

mental retardation     epilepsy     birth defect     schizophrenia  
 (If yes, please explain)

**CHILD HEALTH INFORMATION**

Note all health problems the child **has had** or **has now**

	Age		Age
<input type="checkbox"/> High Fever	_____	<input type="checkbox"/> Dental Problems	_____
<input type="checkbox"/> Pneumonia	_____	<input type="checkbox"/> Weight problems	_____
<input type="checkbox"/> Flu	_____	<input type="checkbox"/> Allergy	_____
<input type="checkbox"/> Encephalitis	_____	<input type="checkbox"/> Skin problems	_____
<input type="checkbox"/> Meningitis	_____	<input type="checkbox"/> Asthma	_____
<input type="checkbox"/> Convulsion	_____	<input type="checkbox"/> Headaches	_____
<input type="checkbox"/> Head Injury	_____	<input type="checkbox"/> Stomach problems	_____
<input type="checkbox"/> Fainting	_____	<input type="checkbox"/> Accident prone	_____
<input type="checkbox"/> Dizziness	_____	<input type="checkbox"/> Anemia	_____
<input type="checkbox"/> Tonsils out	_____	<input type="checkbox"/> High or low blood pressure	_____
<input type="checkbox"/> Vision problems	_____	<input type="checkbox"/> Sinus problems	_____
<input type="checkbox"/> Hearing problems	_____	<input type="checkbox"/> Heart problems	_____
<input type="checkbox"/> Earache	_____	<input type="checkbox"/> Hyperactivity	_____
		<input type="checkbox"/> Other illness etc	_____
		(Explain)	

Has child ever been hospitalized?  Yes  No  
 If yes, please explain

<u>Age</u>	<u>How long</u>	<u>Reason</u>
_____	_____	_____

Has child ever been seen by a medical specialist?  Yes  No

<u>Age</u>	<u>How Long</u>	<u>Reason</u>
_____	_____	_____

Has child ever taken, or is he/she presently taking any prescribed medication?

<u>Age</u>	<u>How Long</u>	<u>Reason</u>
_____	_____	_____

**Name of Medication / Dosage / Frequency** \_\_\_\_\_

**Allergies** \_\_\_\_\_

**Nicotine, Alcohol, Substance Use** \_\_\_\_\_

Name of Primary Care Physician \_\_\_\_\_

Address: \_\_\_\_\_ Phone Number \_\_\_\_\_

**DEVELOPMENT HISTORY**

Prenatal: Child wanted? \_\_\_ Yes \_\_\_ No Planned for? \_\_\_ Yes \_\_\_ No

Normal Pregnancy? \_\_\_ Yes \_\_\_ No

If mother ill or upset during pregnancy, explain \_\_\_\_\_

Length of pregnancy: \_\_\_\_\_

Parental support and acceptance: (Explain)

**BIRTH**

Length of active labor: \_\_\_ hours \_\_\_ Easy \_\_\_ Difficult

Full term? \_\_\_ Yes \_\_\_ No

If premature, how early? \_\_\_\_\_

If overdue, how late? \_\_\_\_\_

Birth weight \_\_\_ lbs \_\_\_ oz

Type of delivery \_\_\_ Spontaneous \_\_\_ Caesarean \_\_\_ with instruments

\_\_\_ Head first \_\_\_ Breech

Was it necessary to give infant oxygen? \_\_\_ Yes \_\_\_ No If yes, how long? \_\_\_\_\_

Did infant require blood transfusion? \_\_\_ Yes \_\_\_ No

Did infant require X ray? \_\_\_ Yes \_\_\_ No

Physical condition of infant at birth?

If yes, explain Anorexia \_\_\_ Yes \_\_\_ No

Trauma \_\_\_ Yes \_\_\_ No

Other complications \_\_\_ Yes \_\_\_ No

Did mother abuse alcohol/drugs during pregnancy? \_\_\_ Yes \_\_\_ No

**NEW BORN PERIOD**

	___ Yes	___ No	<u>How Long</u>
Irritability	___ Yes	___ No	_____
Vomiting	___ Yes	___ No	_____
Difficulty breathing	___ Yes	___ No	_____
Difficulty sleeping	___ Yes	___ No	_____
Convulsion/twitching	___ Yes	___ No	_____
Colic	___ Yes	___ No	_____
Normal weight gain	___ Yes	___ No	_____
Was child breastfed?	___ Yes	___ No	_____



**DEVELOPMENT MILESTONES:**

Age at which child:

- Sat up \_\_\_\_\_
- Crawled \_\_\_\_\_
- Walked \_\_\_\_\_
- Speak single words \_\_\_\_\_
- Sentences \_\_\_\_\_
- Bladder trained \_\_\_\_\_
- Bowel trained \_\_\_\_\_
- Weaned \_\_\_\_\_

Describe the manner in which toilet training was accomplished: \_\_\_\_\_

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**EARLY SOCIAL DEVELOPMENT**

Relationship to siblings and peers

- Individual play
- Group play
- Competitive
- Cooperative
- Leadership role
- Follower

Describe special habits, fears, or idiosyncrasies of the child:

**EDUCATIONAL HISTORY**

Name of school	City/State	Dates attended		Grade completed in this school
		From	to	

Preschool \_\_\_\_\_  
 Address \_\_\_\_\_ Phone Number \_\_\_\_\_

Elementary \_\_\_\_\_  
 Address \_\_\_\_\_ Phone Number \_\_\_\_\_

Junior High \_\_\_\_\_  
 Address \_\_\_\_\_ Phone Number \_\_\_\_\_

High school \_\_\_\_\_  
 Address \_\_\_\_\_ Phone Number \_\_\_\_\_

Type of classes  Regular  Learning Disability  Continuation  
 emotionally handicapped  opportunity  others

Did child skip a grade?  Yes  No Repeat a grade?  Yes  No  
 (If yes, when and how many years appropriate grade level at present time?)

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Did child have any specific learning disability?      \_\_\_ Yes      \_\_\_ No  
Has child ever had a tutor or other special help with school work?      \_\_\_ Yes      \_\_\_ No  
Does child attend school on a regular basis?      \_\_\_ Yes      \_\_\_ No  
Does child appear motivated for school?      \_\_\_ Yes      \_\_\_ No  
Has child ever been suspended or expelled?      \_\_\_ Yes      \_\_\_ No

**ACADEMIC PERFORMANCE**

Highest grade on last report card?  
Lowest grade on last report card?  
Favorite subject?  
Least favorite subject?  
Does child participate in extracurricular activities?      \_\_\_ Yes      \_\_\_ No (Explain)  
  
In school, how many friends does the child have?      \_\_\_ A lot      \_\_\_ A few      \_\_\_ none  
  
What was the child's aspiration?      \_\_\_ Quit school

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**Notice of Privacy Practices Acknowledgement Form**

I, \_\_\_\_\_ have read and understand the **Urban Counseling, L.L.C.**, notice of Privacy practices.

**Information can be shared with:**

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone # \_\_\_\_\_

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone # \_\_\_\_\_

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone # \_\_\_\_\_

\_\_\_\_\_  
Signature of Patient or Legal Guardian

\_\_\_\_\_  
Date

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**CONFIRMATION FOR COUNSELING AND FEE AGREEMENT**

This Agreement confirms my decision to participate in counseling at Urban Counseling. I realize that Urban Counseling is not a crisis center and the counselors are not available 24 hours a day. The therapeutic services provided by Urban Counseling include individuals, families, children, adolescents, relationships and marital counseling. Each session should be 45-50 minutes in length. This will be discussed with the counselor at the time of my first visit.

**Self-Paying Clients:** Services are provided on a sliding fee schedule for clients not covered by other payers. Proof of annual income and number of people living in a household determine fee arrangements. I certify that my annual family income before taxes is \$\_\_\_\_\_. And that there are \_\_\_\_\_ people living in my household. Accordingly, I agree to pay a fee of \$\_\_\_\_\_ for the first session and \$\_\_\_\_\_ per session thereafter. I realize that Urban Counseling is charging me a low and reasonable fee. **If this payment cannot be paid at the time of session, future sessions will be postponed until payment is made.** I realize that if my income level changes, the fee can change. I agree to notify Urban Counseling if and when my income level or the number of people in my household change.

**Basic Fee:** Sliding scale fees are contingent upon **proof of income**. Failure to provide proof of income at the time of service will result in our maximum fee of \$125.00.

**I recognized that if I fail to show up for my appointment, I will be charged for a full session. Therefore, I agree that if I DO NOT notify Urban Counseling 24 hours in advance that I am going to miss that scheduled appointment, I will pay the fee for that appointment. Consecutively missed appointments and non-payment of fees will result in termination of my counseling; and fee collection by other means.**

\_\_\_\_\_ Initials

I have read the above information, have had the opportunity to have any questions about the above answered, and I understand the requirements. Urban Counseling will give me a signed copy of this Agreement upon request.

\_\_\_\_\_  
Client's Signature

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Witness's Signature

\_\_\_\_\_  
Date Signed

## **Urban Counseling, L.L.C.**

1130 SE 18<sup>TH</sup> PLACE  
OCALA, FL 34471  
PHONE: (352)390-6656

### Notice of Privacy Practices

The Health Insurance Portability & Accountability Act of 1996 ( "HIPPA" ) is a Federal Program that requires that all medical records and other individually identifiable health information used or disclosed by us in any form, whether electronically, on paper or orally, are kept properly confidential. This Act gives you, the patient, significant new rights to understand and control how your health information is used. HIPPA provides penalties covered entities that misuse personal health information.

We may use and disclose your medical records only for each of the following purposes:  
Treatment, payment and health care operations.

Treatment means providing, coordinating or managing health care and related services by one or more health care providers. An example of this would include teeth cleaning services.

Payment means such activities as obtaining reimbursement for services, confirming coverage, billing or collection activities and utilization review. An example of this would be sending a bill for your visit to your insurance company for payment.

Health Care Operations include the business aspects of running our practice, such as conducting quality assessment and improvement activities, auditing functions, cost –management analysis and customer service. An example would be internal quality assessment review.

We may also create and distribute de-identified health information by removing all references to individually identifiable information.

We may contact you to provide appointment reminders or information about treatment alternatives or other health-related benefits and services that may be of interest to you.

Any other uses and disclosures will be made only with your written authorization. You may revoke such authorization in writing and we are required to honor and abide by that written request, except to the extent that we have already taken actions relying on your authorization.

You have the following rights with respect to your protected health information which you can exercise by presenting a written request to the Privacy Officer.

The right to request restrictions or certain uses and disclosures of protected health information, including those related to disclosures to family members, other relatives, close friends or any other person identified by you. We are, however, not required to agree to a requested restriction. If we do agree to a restriction, we must abide by it unless you agree in writing to remove it.

- Right to Inspect and Copy: You have the right to inspect and copy mental health information that may be used to make decisions about your care. This includes your own billing records, but does not include psychotherapy notes. Upon proof of an appropriate legal relationship, records of others related to you or under your care (guardian or custodial) may also be disclosed
- Right to Amend: If you feel that the mental health information we have about you (not including psychotherapy notes), in your record is incorrect or incomplete, then you may ask us to amend the information, following the procedure below. You have the right to request an amendment for as long as the Practice maintains your record.
- The right to obtain a paper copy of this notice from us upon request.

We are required by law to maintain the privacy of your protected health information and to provide you with notice of our legal duties and privacy practices with respect to protected health information.

This notice is effective as of June 10, 2002 and we are required to abide by the terms of the Notice of Privacy Practices currently in effect. We reserve the right to change the terms of our Notice of Privacy Practices and to make the new notice provisions effective for all protected health information that we maintain. We will post and you may request a written copy of a revised Notice of Privacy Practices from this office.

You have recourse if you feel that your privacy protections have been violated. You have the right to file a formal written complaint with our office or with the Department of Health and Human Services, Office of Civil Rights, about violations of the provisions of this notice or the policies and procedures of our office. We will not retaliate against you for filing a complaint.

Please contact us for more information by asking to speak to our Privacy Officer or for written inquires, note "Attention Privacy Officer".