

URBAN COUNSELING
CLIENT INFORMATION SHEET
(Parent Information if Client is a Minor)

Name _____ DOB _____

Address _____

Phone Number _____ Work _____ Sex M _____ F _____

Single _____ Married _____ Separated _____ Divorced _____ Widowed _____

Have you had counseling before? Yes ___ No ___ When? _____ Therapist _____

Number of people in household _____

Total Income Before Taxes From All Sources (include all income of all persons in the home)

___ Less than \$5,000

___ \$5,000 – 9,999

___ \$10,000 – 14,999

___ \$15,000 – 19,999

___ \$20,000 – 24,000

___ \$25,000 – 29,000

___ More

Source of Income:

___ Employment

___ Disability

___ Social Security

___ Spouse

___ SSI

___ Other

___ Pension

Are you handicapped? Yes ___ No ___ If so, please explain: _____

___ Black

___ Hispanic

___ White

___ Other

Emergency Contact: _____

Phone: _____ **Relationship:** _____

Place of Employment: _____

Address: _____ Phone Number _____

Method of payment: Cash ___ Check ___ Credit Card ___ Insurance ___

Name of Insurance Company _____

Policy Number _____ Group Number _____

Please read, sign and date: I understand that this is not an application. I authorize use of this information or any subsequent information derived from this form with the understanding that data will be used for general reporting purposes only. I consent for therapy.

Client Signature

Date of Signing

Therapist Signature

Date of Signing

URBAN COUNSELING, L.L.C.
1130 SE 18TH PLACE
OCALA, FL 34471

PSYCHO-SOCIAL HISTORY

IDENTIFYING INFORMATION

Today's Date _____

First Name _____ M.I. _____ Last Name _____

Date of Birth _____ Age _____ Marital Status _____

Address _____

Social Security # _____ Phone _____

PRESENTING PROBLEM/COMPLAINT

What is the nature of the problem? _____

When did the problem begin (date of onset)? _____

How often does it occur? _____

How does it affect your daily functioning? _____

Are there events, situations, or persons that make it worse? _____

Circle any of the following that apply to you:

- | | | | |
|---------------------|----------------------|-----------------|---------------------------------------|
| Nightmares | Take sedatives | Irritable | Unable to have a good time |
| Feel tense | Feel Panicky | Sexual Abuse | Concentration problems |
| Feel Depressed | Suicidal ideas | No Appetite | See or hear things that are not there |
| Unable to relax | Sexual problems | Alcoholism | Can't make decisions |
| Don't like weekends | Over ambitious | Take drugs | Home conditions bad |
| Can't make friends | Inferiority feelings | Shy with people | Feel people are against me |
| Can't keep a job | Memory problems | Blackouts | Sleep disruptions/disturbances |
| Physically abused | Financial problems | Cry easily | |
| Fatigue | Hungry often | Verbally abused | |

Previous treatment (If yes, by whom? Outcome and reason of terminating) _____

Have you ever attempted suicide? Yes ____ No ____

When _____ Method used _____

Medical:

Physician's Name _____

Address: _____ Phone Number: _____

Medications _____

Describe reason for treatment _____

Allergies: _____

Psychiatric:

Therapist/Hospital Name _____

Treatment Dates: From _____ To _____

Describe reason for treatment _____

Prescription Drugs _____

Substance Usage _____

(Tobacco, alcohol, illicit drugs)

(Description, frequency, amount)

DEVELOPMENT HISTORY

Describe:

Childhood _____

Significant events _____

Teen years _____

Significant events _____

(Female only)

Number of pregnancies _____

Number of deliveries _____

Menopausal: Yes _____

No _____

PMS: Yes _____

No _____

Number of Children _____

Are they living with you?

Yes _____

No _____

FAMILY HISTORY

Parents (names, ages, occupations) _____

Living _____

Deceased _____

Married _____

Divorced _____

Describe relationship with parents _____

Brothers and/or Sisters (names & ages) _____

Describe relationship with siblings _____

Significant extended family _____

EDUCATIONAL/OCCUPATIONAL HISTORY

Education (highest grade achieved) _____

Learning Disability? Yes ____ No ____

Occupation (kind of jobs, length of employment, vocational interest) _____

HEALTH HISTORY

Childhood diseases, prior illnesses, surgeries, etc. _____

Current Health _____

Circle any of the following that apply to you:

Palpitations

Seizures

Fainting spells

Headaches

Dizziness

Tremors

Bowel Disturbances

Stomach trouble

Family Health (grandparents, parents, children) _____

Current medications (Prescribed and over the counter) _____

MARTIAL HISTORY – Current Status

Number of years married _____ Currently living together? Yes ____ No ____

Children and ages _____

Description of current relationship with spouse/partner _____

Your perception of your sexual relationship (attitudes/behavior) _____

LEGAL HISTORY

Have you ever been arrested? Yes ____ No ____

If so, describe the circumstances _____

MISCELLANEOUS

Social network/friends _____

Leisure activities _____

URBAN COUNSELING
1130 SE 18TH PLACE
OCALA, FL 34471
PHONE (352) 390-6656
FAX (352) 390-8756

Notice of Privacy Practices Acknowledgement Form

I, _____ have read and understand the **Urban Counseling, L.L.C.**, notice of Privacy practices.

Information can be shared with:

Name _____ Relationship _____ Phone # _____

Name _____ Relationship _____ Phone # _____

Name _____ Relationship _____ Phone # _____

Signature of Patient or Legal Guardian

Date

**URBAN COUNSELING
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OCALA, FL 34471
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CONFIRMATION FOR COUNSELING AND FEE AGREEMENT

This Agreement confirms my decision to participate in counseling at Urban Counseling. I realize that Urban Counseling is not a crisis center and the counselors are not available 24 hours a day. The therapeutic services provided by Urban Counseling include individuals, families, children, adolescents, relationships and marital counseling. Each session should be 45-50 minutes in length. This will be discussed with the counselor at the time of my first visit.

Self-Paying Clients: Services are provided on a sliding fee schedule for clients not covered by other payers. Proof of annual income and number of people living in a household determine fee arrangements. I certify that my annual family income before taxes is \$_____. And that there are _____ people living in my household. Accordingly, I agree to pay a fee of \$_____ for the first session and \$_____ per session thereafter. I realize that Urban Counseling is charging me a low and reasonable fee. **If this payment cannot be paid at the time of session, future sessions will be postponed until payment is made.** I realize that if my income level changes, the fee can change. I agree to notify Urban Counseling if and when my income level or the number of people in my household change.

Basic Fee: Sliding scale fees are contingent upon **proof of income**. Failure to provide proof of income at the time of service will result in our maximum fee of \$125.00.

I recognized that if I fail to show up for my appointment, I will be charged for a full session. Therefore, I agree that if I DO NOT notify Urban Counseling 24 hours in advance that I am going to miss that scheduled appointment, I will pay the fee for that appointment. Consecutively missed appointments and non-payment of fees will result in termination of my counseling; and fee collection by other means.

_____ Initials

I have read the above information, have had the opportunity to have any questions about the above answered, and I understand the requirements. Urban Counseling will give me a signed copy of this Agreement upon request.

Client's Signature

Date Signed

Witness's Signature

Date Signed

Urban Counseling, L.L.C.

1130 SE 18TH PLACE
OCALA, FL 34471
PHONE: (352)390-6656

Notice of Privacy Practices

The Health Insurance Portability & Accountability Act of 1996 ("HIPPA") is a Federal Program that requires that all medical records and other individually identifiable health information used or disclosed by us in any form, whether electronically, on paper or orally, are kept properly confidential. This Act gives you, the patient, significant new rights to understand and control how your health information is used. HIPPA provides penalties covered entities that misuse personal health information.

We may use and disclose your medical records only for each of the following purposes:
Treatment, payment and health care operations.

Treatment means providing, coordinating or managing health care and related services by one or more health care providers. An example of this would include teeth cleaning services.

Payment means such activities as obtaining reimbursement for services, confirming coverage, billing or collection activities and utilization review. An example of this would be sending a bill for your visit to your insurance company for payment.

Health Care Operations include the business aspects of running our practice, such as conducting quality assessment and improvement activities, auditing functions, cost –management analysis and customer service. An example would be internal quality assessment review.

We may also create and distribute de-identified health information by removing all references to individually identifiable information.

We may contact you to provide appointment reminders or information about treatment alternatives or other health-related benefits and services that may be of interest to you.

Any other uses and disclosures will be made only with your written authorization. You may revoke such authorization in writing and we are required to honor and abide by that written request, except to the extent that we have already taken actions relying on your authorization.

You have the following rights with respect to your protected health information which you can exercise by presenting a written request to the Privacy Officer.

The right to request restrictions or certain uses and disclosures of protected health information, including those related to disclosures to family members, other relatives, close friends or any other person identified by you. We are, however, not required to agree to a requested restriction. If we do agree to a restriction, we must abide by it unless you agree in writing to remove it.

- Right to Inspect and Copy: You have the right to inspect and copy mental health information that may be used to make decisions about your care. This includes your own billing records, but does not include psychotherapy notes. Upon proof of an appropriate legal relationship, records of others related to you or under your care (guardian or custodial) may also be disclosed
- Right to Amend: If you feel that the mental health information we have about you (not including psychotherapy notes), in your record is incorrect or incomplete, then you may ask us to amend the information, following the procedure below. You have the right to request an amendment for as long as the Practice maintains your record.
- The right to obtain a paper copy of this notice from us upon request.

We are required by law to maintain the privacy of your protected health information and to provide you with notice of our legal duties and privacy practices with respect to protected health information.

This notice is effective as of June 10, 2002 and we are required to abide by the terms of the Notice of Privacy Practices currently in effect. We reserve the right to change the terms of our Notice of Privacy Practices and to make the new notice provisions effective for all protected health information that we maintain. We will post and you may request a written copy of a revised Notice of Privacy Practices from this office.

You have recourse if you feel that your privacy protections have been violated. You have the right to file a formal written complaint with our office or with the Department of Health and Human Services, Office of Civil Rights, about violations of the provisions of this notice or the policies and procedures of our office. We will not retaliate against you for filing a complaint.

Please contact us for more information by asking to speak to our Privacy Officer or for written inquires, note "Attention Privacy Officer".